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October Observes Cyber Security Awareness

LITTLE ROCK - October is National Cyber Security Awareness Month and it is an opportunity to engage public and private sector stakeholders – especially the general public – to create a safe, secure, and resilient cyber environment.

Everyone has to play a role in cyber security. Constantly evolving cyber threats require the engagement of the entire nation — from government and law enforcement to the private sector and most importantly, the public.

Through a series of events and initiatives across the country, National Cyber Security Awareness Month engages public and private sector partners to raise awareness and educate Americans about cyber security, and increase the resiliency of the nation and its



See 'Beebe' page 2

COLORADO BEGINS DISASTER RECOVERY AFTER FLOODS CAUSE BILLIONS IN DAMAGE

Flood waters hammered the state of Colorado with approximately 200 people reported missing and a projected \$2 billion in damages. The most recent figures put the death toll at seven. More than 3,400 people required rescue from the flood waters. On average, Boulder received about 1.7 inches of rain during the month of September. As of September 16, Boulder had received 17.17 inches of rain, smashing the all-time record. The severe damage caused by the flooding could keep some residents out of their homes for up to six months. E-Coli bacteria contaminated the drinking water system, and the waste water system suffered at least \$1 million in damage.



Beebe Issues Proclamation for Cyber Security Awareness Month

Continued from page 1

cyber infrastructure.

Click the image on page 1 to read Governor Mike Beebe proclamation for Cyber Security Awareness Month.

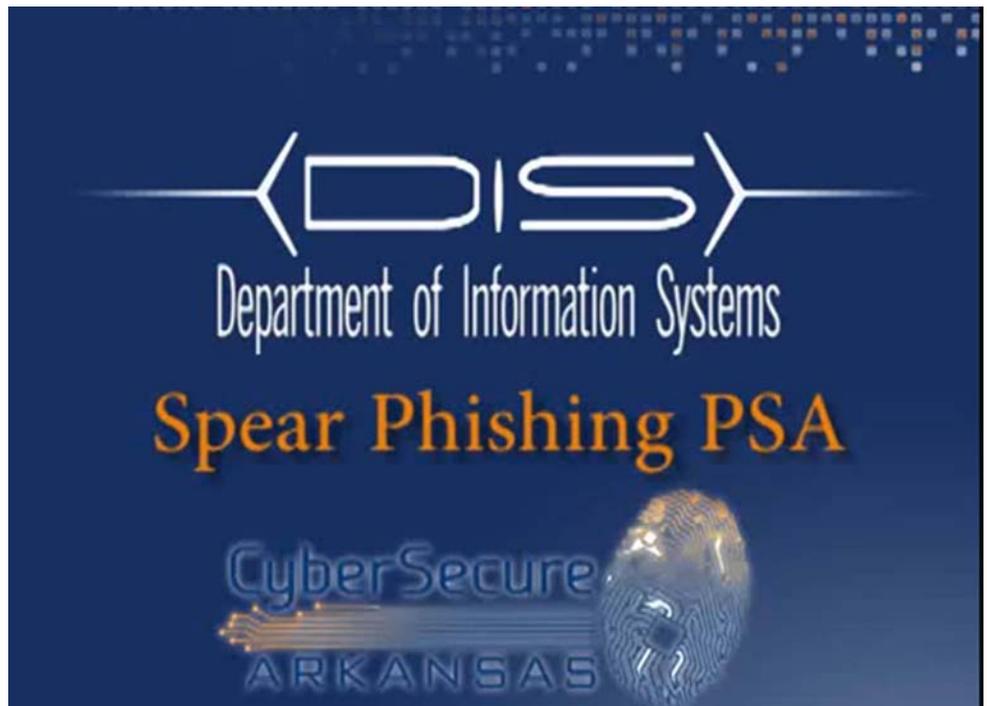
- Week 1 (October 1-4) – Launch of the 10th Annual National Cybersecurity Awareness Month
- Week 2 (October 7-11) – Being Mobile: Online Safety and Security
- Week 3 (October 15-18) – Cyber Workforce and the Next Generation of Cyber Leaders
- Week 4 (October 21-25) – Cyber Crime
- Week 5 (October 28-31) – Critical Infrastructure and Cyber security

Source: <http://www.dhs.gov/national-cyber-security-awareness-month>



Public Employees Attractive Targets for Spear Phishing Attacks

A favorite target for cyber criminals is government data. Therefore, public employees often become subjected to a type of cyber crime known as spear phishing. The Arkansas Cyber Security Office (SCSO) has observed cases of spear phishing attempts in Arkansas. As a result, SCSO produced a public service announcement to help public employees recognize the signs of a spear phishing attack and the steps to take to keep the state's electronic data and their personal data safe from hackers.



Video feature bought to you by the Arkansas Office of Cyber Security. Click the screen shot to view.

Flu Season is Approaching. Do You Know the Symptoms?

With colder weather means the approach of the flu season. Seasonal flu activity usually peaks around January or February, but it can occur as early as October and as late as May. It spreads typically when a person infected with the virus coughs, sneezes, or talks and droplets containing their germs land in your mouth or nose. You can also get the flu by touching a surface or object that has the flu virus on it and then touching your mouth, eyes, or nose. Those who are at particular risk are seniors (age 65 and older), children (especially those younger than 2), and people with chronic health conditions.

The best protection available against flu is receiving the vaccination. The flu vaccine will be available to the public in the Fall of 2013. You should also wash your hands regularly, and cover your mouth and nose with a tissue when you cough or sneeze.

Symptoms:

- Fever* or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)

Some people may have vomiting and diarrhea, though this is more common in children than adults.

- * *It's important to note that not everyone with flu will have a fever.*

Source: <http://www.cdc.gov/flu/about/disease/symptoms.htm>



Everyday Ways to Help Fight the Flu

- Cover your nose and mouth with a tissue when you cough or sneeze. This will block the spread of droplets from your mouth or nose that could contain germs.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose, and mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you or your child gets sick with a respiratory illness, like flu, limit contact with others as much as possible to help prevent spreading illness. Stay home (or keep your child home) for at least 24 hours after fever is gone except to seek medical care or for other necessities. Fever should be gone without the use of a fever-reducing medicine.

Source: <http://www.cdc.gov/flu/protect/preventing.htm>

WE ARE ON THE WEB!

www.dis.arkansas.gov/security/Pages/ContinuityofOperationsProgram.aspx

Arkansas Continuity of Operations Program Training Schedule

Get It Done, COOP Planning Workday

Please make sure your employees are uploaded to your plan prior to the class. Bring any portion of your plan and we will step through adding data to the system. To obtain an upload template, please contact the ACOOP team.

October 22, 9 a.m.-4 p.m.

November 22, 9 a.m.-4 p.m.

December 12, 9 a.m.-4 p.m.

To register for this training please call 1-855-620-2812 or email sammy.hugen@arkansas.gov

COOP Continuity Concepts

This training will discuss the methodology and state standards for continuity of operations and disaster recovery planning in Arkansas. The course will also train new users on the software tool that is used to create continuity plans. [All classes begin at 9 a.m.](#)

November 5

December 5

Additional courses are offered throughout the state. Please check the ACOOP training calendar on the DIS website at <http://www.dis.arkansas.gov/newsroom/Pages/events.aspx>

COOP Workshop

Need an afternoon to work on your COOP plan with some guidance? Workshops are held after every class session, from 1-4 p.m., in the DIS training room. To register or ask about the location of these classes contact the **ACOOP team at 1-855-620-2812.**

Unless noted otherwise, all training sessions are held in the MAC Building, #1 Capitol Mall, DIS 3rd floor training room. We are available by appointment to help you with your plans individually and we can customize training to fit the needs of your agency or district.

Cancellations: Due to the demand of courses please notify the ACOOP team 24 hours prior to the class if you are unable to attend for any reason.